

With age, our skin often loses the radiance it once had because most of us take our skin for granted and apply synthetic cosmetics or alkaline soaps to the skin, day after day. Like any other living tissue, if our skin is not looked after properly, it will get tired and it will respond to tender care & attention.



ACCENTS

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SKIN REJUVENATION



Q What services are available to help enhance aging or problem skin?

SmartPeel Microdermabrasion is a smart choice for skin exfoliation to:

- Reduce fine lines and wrinkles
- Fade discolorations from sun damage & hormones
- Control blackheads & whiteheads
- Blend or smooth acne & chicken pox scars
- Balance oily and acne-prone skin

During treatment, a stream of crystals are applied to the skin to remove damaged skin cells and surface debris, while a vacuum increases circulation and prevents exfoliated skin from being released into the air. As damaged cells are lifted away, new cell production is stimulated and gradually smoother, firmer, younger-looking skin is revealed.

Is microdermabrasion a safe cosmetic procedure?

Yes! Microdermabrasion is safe for most skin types and ethnic backgrounds—unlike many laser or chemical peels. When used as part of a skin care regimen, patients will notice healthier, smoother and more radiant looking skin. Compared to deep chemical peels and many laser procedures, SmartPeel offers quick results with minimal healing time and less discomfort. It has also proven to be a cost-effective alternative that produces remarkable results when used with a personalized home care program.

With any type of deep-pore cleansing or exfoliation, some sensitivity may occur and redness may result. During treatment, most patients feel a mild tingly or prickly sensation (which is quite tolerable without any anesthesia) and suction—some describe this feeling like a cat's tongue touching the skin.

Little risk is associated with microdermabrasion, though the treated skin is likely to feel warm and tight—similar to what people often experience when in the hot summer sun. Redness may occur but will resolve on its own generally within 24 hours, and if necessary make-up may be worn to camouflage. Your activities may be resumed immediately after treatment.

Will you need more than 1 treatment to see desired changes?

Yes! Typically 6-10 treatments spaced 1-2 weeks apart will produce maximum results for many complexion flaws. More severe complexion problems—such as acne scars—may require 20 or more treatments.

Maintenance visits are recommended quarterly for age-related flaws – or more often for acne, scarring or other conditions.

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